



AQ-10 for Adolescents aged 12-15 Years

This test was created by the Autism Research Centre at the University of Cambridge. The AQ-10 helps indicate whether someone should be referred for an autism assessment. This version is for parents or carers to complete about a teenager aged 12-15 years with suspected autism who does not have a learning disability.

| | Tick one option per question only | Definitely agree | Slightly agree | Slightly disagree | Definitely disagree |
|-----------|--|-------------------------|-----------------------|--------------------------|----------------------------|
| 1 | S/he notices patterns in things all the time | | | | |
| 2 | S/he usually concentrates more on the whole picture, rather than the small details | | | | |
| 3 | In a social group, s/he can easily keep track of several different people's conversations | | | | |
| 4 | If there is an interruption, s/he can switch back to what s/he is doing very quickly | | | | |
| 5 | S/he frequently finds that s/he doesn't know how to keep a conversation going | | | | |
| 6 | S/he is good at social chit-chat | | | | |
| 7 | When s/he was younger, s/he used to enjoy playing games involving pretending with other children | | | | |
| 8 | S/he finds it difficult to imagine what it would be like to be someone else | | | | |
| 9 | S/he finds social situations easy | | | | |
| 10 | S/he finds it hard to make new friends | | | | |

Scoring guidance

Only one point can be scored for each question.

- Score one point for "definitely" or "slightly agree" on questions 1, 5, 8 and 10
- Score one point for "definitely" or "slightly disagree" on questions 2, 3, 4, 6, 7 and 9

If the teenager scores six or above, consider referring them for an autism assessment. Please note that a diagnosis cannot be determined solely by a single score from this questionnaire. A formal diagnosis can only be made after a clinical assessment conducted by trained professionals.